

The role of everyday touch experiences in psychological well-being

Master's thesis project

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A substantial body of evidence suggests that interpersonal touch plays a key role in bonding and stress regulation. However, most of this evidence comes from highly controlled experiments that do not account for everyday patterns and variations in touch behaviors. This project will use ecological momentary assessment (EMA) to examine day-to-day variability in touch experiences and well-being among adults.

We are looking for one motivated Master's student to join the project in the **winter semester 2026**.

What we offer:

- Close supervision in English
- Opportunity to gain experience in EMA data collection with adult participants
- Flexibility to choose your specific research focus within the project's broad scope

Requirements:

- Study of psychology/neuroscience/cognitive science/related field
- Advanced German and English skills
- Reliability in meeting deadlines and commitments

Interested? Please send an email with your CV, short motivation letter and a Transcript of Records to: alicja.brzozowska@univie.ac.at